

# Nutrition Facts

2 servings per container

**Serving size**

**3-4 rolls**

**Amount Per Serving**

**Calories**

**170**

**% Daily Value\***

**Total Fat** 7g **9%**

Saturated Fat 3.5g **18%**

*Trans* Fat 0.146g

Polyunsaturated Fat 0.893g

Monounsaturated Fat 1.757g

**Cholesterol** 15mg **5%**

**Sodium** 340mg **15%**

**Total Carbohydrate** 20g **7%**

Dietary Fiber 4g **14%**

Total Sugars 4g

Includes 0g Added Sugars **0%**

**Protein** 8g **16%**

Vitamin D 0.091mcg **0%**

Calcium 257mg **20%**

Iron 1.241mg **6%**

Potassium 388mg **8%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.